# **Substance Use & Abuse Prevention**

## Kindergarten

- What is Medicine?
- What Does Medicine look Like?
- When Should we take Medicine?

- Where is A Safe Place to Keep Medicine?
- What Should You Do If You Find Medicine?

- Who Can Give You Medicine?
- Who Should You Never Take Medicine From?
- Is it Easy to Tell If Something Is Medicine?



### **Grade 1**

- When You Are Sick, What Can You Do to Feel Better?
- Who Are Trusted Adults?

- What is Medicine ?
- What Are Drugs?
- When Should We USe/Take Medicine?
- What Does Medicine Look Like?
- Is It Easy to Tell if Something Is Medicine?
- What Are the Four Rules for Taking Medicine Safely?
- Who Can Give You Medicine?
- Who Should You Never Take Medicine From?



### Grade 2

#### Part I - Medicine Safety

- When You Are Sick or Hurt, What is the First Thing You Should Do?
- What Do We Need In Order To Get Well?
- When Should We Use/Take Medicine?

#### Part I Continued - Medicine Safety

- What Does Medicine look like?
- Where is A Safe Place to Keep Medicine?
- What Should You Do If You Find Medicine?
- Prescription Versus Over-the-Counter Drugs

### Part II - Peer Pressure

- What is Peer Pressure?
- How Can We Say "No" to Peer Pressure?
- Using the S.T.O.P. Plan