

School Health Advisory Committee Meeting

February 11, 2021

Lee County Public Education Center via Zoom

8:30 – 10:00 am

Member/Guests/Presenters

Bradley, Chuck	SDLC - Director of Prevention
Brescher, Heidi	FMPD
Carroll, Amy	LCSD-Supervisor of Food Procurement
Comella, Deb	Drug-Free SWFL Director
Dalesio, David	Ft Myers Eye Associates
Donohue, Brendan	LCHD - Health Educational Consultant
Evans, Amanda	Department of Health - Lee County
Fischer, Mary	LCSD -Board Member
Kaisner, Garrett	Hanley Foundation
Kreuscher, Sally	Golisano Children's Hospital
Kurtz, Julie	LCSD-Registered Dietitian
Miner, Moira	LCSD - ESE Nurse Specialist
Morales-Perez, Kathleen	Public Health Specialist-UF/IFAS Ext Lee County
Moron, Andrea	Program Manager-UF/IFAS Extension Lee County
Noble, Julie	Lee Memorial - Project ADAM
Ortenzo, Janet	SW Florida Coalition Against Human Trafficking
Parker, Heather	LCSD-Wellness Coordinator
Pierce, Christopher	Florida Army National Guard
Rodriguez, Mary Lynn	LCSD-Coordinator School Counseling Services
Roy, Leisha	LCSD-Health Educator: SHAC Co-Chair
Samuelson, Kim	Golisano Children's Hospital
Thompson, Sara	LCSD - Prevention Specialist
Wenzel, Sherry	LCSD - Coordinator, School Counseling
Wipf, Beth	LCSD - Health Services Coordinator
Wynne, Kathy	LCSD - Prevention Specialist

Meeting was called to order at 8:30 by Leisha Roy.

Members were asked to enter names and titles into chat box for attendance.

Minutes of December 10th meeting were unanimously approved with Deb Comella making a motion to approve and a second was made by Kathy Wynne.

NEW BUSINESS

School Board Update – Mary Fischer reviewed the Comprehensive Health Education Curriculum and her desire to make sure it is happening at all levels. She wants to look at Nutrition, foods that is being served at the schools. She also said there will be Healthy Minds Program and Children’s Minds Matter will be doing a presentation on mental health resources. This will be March 18th at 7:00pm it is free and virtual. The District is also doing a New Young 5 Program that will be working with children at risk.

Drug House Odyssey/Red Ribbon Awards - Deb announced that the Drug House Odyssey will not be in person this year. The United Way will be offering the District the opportunity to show the video which will be about an hour long. The questions are imbedded in the video and the person coordinating will just stop the video at certain points to have discussions with the people watching it. Hoping to show it in late elementary, middle and high schools. Going to try to get the counselors and SROs involved in the presentation. Hopefully this will remind the teachers what a great program this is. This should be rolling out in mid to late March.

Deb also talked about the Red Ribbon Awards that will be taking place via Zoom in April. Nomination forms will be going out very soon. The awards will be the same as in the past – The Al Oerter Award for Athletic and Academic Excellence, the Jim Nathan Leadership Award and the Lee County Sheriff’s Office Service to our Nation Award. Hoping to have four Zoom dates in the near future.

Leisha is going to see if the Drug House Odyssey could be made available via on Safari Montage for easier access.

Positive Prevention Services - Chuck gave an overview of his Department and its work in Equity and Prevention Services. In Equity Services he is the District Equity Coordinator and also works with the Section 504, Title IX and Title V.

The District has worked to revise the Non-Discrimination (1.27) and Bullying/Harassment (4.14) Policy.

Section 504 – There are 6000 students in this program. This program is for all students that have some type of disability that does not require specialized education. It allows student to have access to the education system by putting accommodations in place to assist these students. Chuck works with the Equity Coordinators throughout the District to help resolve any issues that may arise.

Title IX - Deals with equity in extracurricular activities. Chuck said he primarily works with the discrimination component based on sex, sexual orientation and gender identity. Title IX information has been imbedded this information into the student code of code. We have created safe spaces for students to be able to go to for help. A Procedural Guide was created this summer and everyone has been trained on the guidelines.

We have created many Programs for Bullying and Harassing Prevention. Kathy Wynne and Sarah Thompson are two of the experts in this area of Bullying Prevention. Chuck said he works to help investigate and mediate these situations as they arise.

Positive Behavior Support – These programs focus on a different way to approach discipline. We set the expectations and rules and the recognize the students when they follow the rules.

This includes the 5 Rs – Ready, Respectful, Reliable, Responsible, Role Model.

Restorative Practices – Journeys to Restorative is a training for educators - six one-hour sessions. Participants are taught to interact and work with students in a positive manner to prevent things from becoming worse.

These practices:

- Help to build community and help to build relationships
- Reduce, prevent and improve harmful behavior
- Repair harm and restore positive relationships
- Resolve conflict, hold individuals and groups accountable
- Address and discuss the needs of school community

Chuck gave examples of the many different programs that are out that that are looking for ways to limit exclusionary discipline and trying to take a more positive preventative approach.

Health Services Update – Beth Wipf, Health Services Coordinator, gave an update for Health Services. We have seen 1194 students on the vision bus and of those students 994 have received a free pair of glasses. We will continue servicing students throughout the rest of the year. We have also started working with the Family Health Center’s dental bus in January of 2021. Since January 11th we have seen 197 students. The student receives an exam, fluoride treatments and sealants. Dental services will also continue through the end of the school year.

In January we began working with the Wellness Department and the Department of Health and we were able to provide COVID vaccines for our employees of the District that are 65 or older and for our School Nurses, following the Governor’s Executive Order on who can receive the first round of vaccines. We vaccinated a little over 200 employees.

We are looking to increase our CPR classes for all employees so we are looking for community partnerships to obtain grants for providing the CPR classes. Please email Beth directly if you have any funding ideas.

GOOD OF THE ORDER

Leisha thanked Janet Ortenzo for delivering Human Trafficking Curriculum from the State. She will be reviewing it shortly.

Deb announced on February 17th the South West Florida Teen Leadership Council will be doing a Town Hall at 7:00pm. This will be run through the Southwest Florida Prevention Parent Facebook Page. It would be nice to have an audience for the kids.

The link to the Parent Page is: <https://www.facebook.com/PreventionParentsSWFL>

Kathy Wynne talked about the NORM Project. The NORM Project poster contest is about creating posters that encourage kids not to vape, use drugs, tobacco or alcohol. This year a video has been created to discuss the purpose of the contest.

The video link is: <https://www.youtube.com/watch?v=7ySVmmEMGdw>

Heather Parker shared healthy ideas for the group to think about. She shared some statistics about our District. The percentage of employees that had diabetes in 2014 was at 14%, this year it is down to 7.5%. Lee County is going against the county norm and there has been a 4.2-million-dollar savings in wellness to the District. One of the things we did in employee wellness was reduce the amount of sugar intake. This should also be done with the students. Heather proposed that there are some quick wins to be gained by changing some of the menu items at the schools.

Beth encouraged Heather to reach out to Food and Nutrition to discuss some of those quick wins. Kathleen Morales Perez offered to be a part of the conversation.

2021 Meetings

April 8, 2021