

School Health Advisory Committee Minutes  
April 11, 2019  
Lee County Public Education Center  
8:30-10:00am

Members/Guests/Presenters

Lisa Canale	LCSD- School Nurse, SHAC Secretary
Leisha Roy	LCSD- Health Educator, SHAC Co-Chair
Mary Fischer	Lee County School Board Member
Pamela Peters	FSW- Professor Addiction Studies FSW
Casandra DeBoer	LCSD School Nurse
Amanda Pusey	FDOH Health Education Program Consultant
Brendan Donohue	FDOH
Manuel Olivia	Florida Counter Drug
Alison Sutton	LCSD School Nurse
Heidi Brescher	FMPD
Jamie Spangler	Wellness Intern
Lauren Couchois	LCSD Director of Food and Nutrition Services
Vicki Santini	LCSD Island Coast High Instructor
Betsy Vaughn	Lee County School Board Member
Moira Miner, RN	ESE Nurse
Deb Comella	Drug Free SWFL
Mickey Nagy	LCSD School Nurse
Vicki Otto	LCSD School Nurse
Joscelyn McManus	LCSD School Nurse
Kathy Wynne	Prevention Specialist SDLC
Christine Kobie	HS Teacher, Educator with ACT
Pat Freve	FDOH Lee County
Alexandra Kelner	Director of Development for The McGregor Clinic
Meg Brady	Business Development Coordinator for Park Royal Hospital
Tina Morrill	LCSD School Nurse
Glorianne Cotto	LCSD School Nurse
Sara Thompson	Prevention Specialist SDLC
Chuck Bradley	Director of Prevention SDLC

Meeting called to order at 8:30 by Leisha Roy

Approval of the 02-14-19 meeting minutes

New Business

Alex Kelner Director of Development for The McGregor Clinic presented on The McGregor Clinic, Inc. Alex explained how the McGregor Clinic is the largest and best provider for HIV care in SW Florida for adults. Their mission is to provide an integrative and holistic approach to patient services to those living with HIV and AIDS. Due to medical advancements, the clinic mostly provides HIV care because their patients are not advancing to AIDS. The newest goal is focused on prevention, education, and testing for youth ages 15-24 due to the rate of new HIV/AIDS diagnosis in SW Florida being at twice the nation average with the exposure being at

about 18-19 years old. The McGregor has been providing clinical care for 20 years for plus they have labs for local and free testing, condom distribution, case management for a variety of patient needs, and medical specialty referral services. Additional support services include a food pantry, a clothing closet, supportive empowerment groups, and mental health counseling. The clinic also has community partnerships to train health professionals. Recently they received a designation from the health services resources administration to become federally recognized STD testing and treatment center. The McGregor Clinic would like to become a stronger partner for youth health in this community.

Meaghan Brady Business Development Coordinator for Park Royal Hospital and The Jason Foundation Representative presented on Youth Suicide and The Jason Foundation (JF). The JF is dedicated to prevention of youth suicide. The JF was started by the father of Jason after he committed suicide by shooting himself following a breakup with his girlfriend. Motivation of the JF is to get people to start talking about suicide and bring awareness to statistics. Meaghan's presentation is to bring awareness to this community. A new crisis hotline for educators, school nurses, etc. was recently added by the foundation. In 1999 suicide was declared a national health problem and is the second leading cause of preventable death for youth ages 12-18 and 10-24. In Florida, 1 out of 4 students have seriously considered suicide, 1 out of every 9 have a plan, and 1 out of 14 have attempted. Over 63,000 youths will attempt suicide this year in Florida. Four out of five youths gave a warning before committing suicide so there is an opportunity for intervention. Increasing awareness, educating, dispelling myths, learning warning signs, and eliminating risk factors will help to prevent. The JF has resources to reach the three main areas of student's lives which includes; parents, youth and educator workers, and peers through phone applications, websites, crisis hotlines, and curriculum lessons.

Christine Kobie LCSD Teacher at LeHigh Senior High School and ACT Staff Member. Presented on Teen Dating Violence/Healthy Relationship Program. ACT is a local certified domestic and sexual violence center. Christine taught in a variety of middle and high school during the health classes regarding healthy relationships, teen dating violence, difference between sexual harassment and flirting, sexual assault and prevention, and consent laws relevant to the state. Due to funding restrictions Christine became a teacher in order to continue to effectively teach these important topics to students. She explains how primary prevention is the key to developing healthy relationships and reducing relationship violence. The Social Economic Model is used to educate students on the topics. Social media influences how people respond to acts of domestic and sexual violence. Multiple levels (Guidance Counselors, Coaches, etc.) working together will help to create social change therefore supporting students effectively. Using a comprehensive approach with mentoring programs, parent training, support groups, and after school clubs are key to increasing awareness. Christine helped to have a policy written on how to handle violent acts.

Mary Fischer School Board Member presented on the Comprehensive Health Education Program. Mary explained how it took five years of advocating in front of the school board to pass a comprehensive health education program policy. The policy was finally passed in July 2017 although, the schools are not being compliant with the program across the district. Health education is mandated by Florida Statute. Mary would like to send a recommendation to the

school board to advocate new policy for a comprehensive health education program and is requesting letters of support to be written by SHAC members. Mary explained the importance of having a district wide mandatory policy as well as certified health instructors. Mary wants to go back to the board to make sure the program gets implemented properly in all schools throughout LCSD as it was supposed to in 2017.

Leisha Roy LCSD Health Educator presented on the School Health Ad Hoc Advisory Committee. They are about to release the white paper and bring it to Tallahassee. Leisha explained that it is very detailed and will bring positive change.

**For the Good of the Order**

Meeting adjourned at 10:27 am