



## **H1N1 (SWINE) FLU GUIDELINES / PROCEDURES**

In preparation for the coming school year and the annual flu season, Lee County Public Schools is following its established procedures for students and staff, listed below:

- ▲ School staff will increase vigilance to identify students exhibiting flu-like symptoms.
- ▲ Custodians/building supervisors will increase focus and frequency of cleaning commonly touched areas (i.e. doorknobs, light switches, handrails, etc.).
- ▲ Symptomatic students will be sent to the school's clinic for evaluation by a Clinic Assistant and/or School Nurse.
- ▲ Clinic Assistant and/or School Nurse will determine if a child should be isolated due to symptoms.
  - Schools will identify an area where students can be isolated from general student body.
- ▲ Parent/guardians of isolated students will be contacted and requested to pick up their child(ren) as soon as possible.
- ▲ Students with influenza-like illness **must remain at home for at least 24 hours** after their fever is gone (without the use of fever-reducing medicine such as Tylenol).
  - A fever is a temperature which is elevated above 100 degrees.
- ▲ If symptoms do not subside, parents should seek medical care from their doctor or health care provider.
- ▲ Students will be allowed to use hand sanitizers at school **under the supervision of adults**.
- ▲ School District officials will continue to work closely with Lee County Health Department officials to monitor and evaluate the situation and determine if any additional steps/action is warranted.

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## **HOW YOU CAN HELP STOP THE SPREAD OF INFLUENZA / FLU**

- ▲ If you are sick, **please stay home** for at least 24 hours.
- ▲ If symptoms continue after 24 hours, see a health care provider.
- ▲ **Cover Your Cough:** you should cough or sneeze into a tissue or the bend in your elbow to avoid contaminating your hands.
- ▲ **Wash Your Hands:** Vigorous hand washing with soap and water is recommended; however, if soap and water are not available, use an approved hand sanitizer.