



The School District of Lee County
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Vision: To Be a World-Class School System

Academic Plan

Curriculum and Staff Development Center

Course:	Health-2 - 5008040
Textbook:	
School Year:	2013 - 2014
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Quarterly Guides

Quarter – 1 Guide	Quarter – 2 Guide
<ul style="list-style-type: none"> 1 - Safety Rules 2 - Bicycle and Pedestrian Safety 3 - Disease Prevention and Healthy Behavior 4 - Goal Setting 5 - Respect of Self, Others and Things 6 - Identify Feelings 7 - Communication Skills 8 - Bullying 9 - Fire Safety and Prevention 	<ul style="list-style-type: none"> 1 - Stranger Awareness 2 - Identify When You Need Help 3 - Identify Who to Go to When You Need Help 4 - Differences Between Wants and Needs 5 - Body Systems: Skeletal and Muscular Systems 6 - Major Body Organs 7 - Nutrition
Quarter – 3 Guide	Quarter – 4 Guide
<ul style="list-style-type: none"> 1 - Dental Hygiene 2 - Injury Prevention 3 - Water Safety 4 - Sun Safety 5 - Poison and Hazardous Products 6 - Identify Potential Hazards 	<ul style="list-style-type: none"> 1 - Positive and Negative Role Models 2 - Influence From and On Others: Family and Peers 3 - Influence From the Media: Internet, TV, Movies, Music, Radio and Print 4 - Internet Safety

Academic Plan

Narrative:

Quarter - 1				
Essential Knowledge	Vocabulary/Key Terms	Standards/Benchmarks	Instructional Resources	Assessments
1 Safety Rules Identify ways to stay safe at school.	dangerous; injury; safe; unsafe;	HE.2.B.3.3 ;	Harcourtschool.com/health I Can Be Safe Playground Safety Officer Buckle and Gloria	_____
2 Bicycle and Pedestrian Safety Design a plan for how to cross a street safely for walking or riding a bike.	bicycle; Cross Walk; crossing guard; helmet; pedestrian; traffic;	HE.2.P.1.1 ; HE.2.P.1.2 ;	Harcourtschool.com/health Getting to School Safely Bike Safety bicycle safety:	_____
3 Disease Prevention and Healthy Behavior Demonstrate proper hand washing and germ prevention from coughing and sneezing.	cough; disease; habit; sneeze;	HE.2.B.3.2 ; HE.2.P.1.1 ;	_____	_____
4 Goal Setting Create a class goal and monitor progress. Ex: Exercise, healthy eating	exercise; goal; progress;	HE.2.B.4.1 ;	_____	_____
5 Respect of Self, Others and Things Analyze hypothetical situations of respect of self, others, and things.	care; helpful; honestly; kind; listening; respect;	HE.2.C.1.2 ;	_____	_____

<p>6 Identify Feelings Compare and contrast feelings brought on by different situations. Interpret another persons feelings.</p>	<p>disappointed; frustrated; nervous; proud; surprised;</p>	<p>HE.2.C.1.1 ;</p>	<p>_____</p>	<p>_____</p>
<p>7 Communication Skills Students use I-messages to communicate feeling and needs.</p>	<p>appropriate; communicate; eye contact;</p>	<p>HE.2.B.2.1 ; HE.2.B.2.2 ; HE.2.C.1.2 ;</p>	<p>_____</p>	<p>_____</p>
<p>8 Bullying Analyze hypothetical situations and identify safe solutions.</p>	<p>conflict; resolve;</p>	<p>HE.2.B.2.3 ; HE.2.C.1.4 ;</p>	<p>_____</p>	<p>_____</p>
<p>9 Fire Safety and Prevention Design a fire escape plan. Demonstrate knowledge of fire safety rules.</p>	<p>alarm; equipment; Fire Extinguisher;</p>	<p>HE.2.C.1.3 ;</p>	<p>_____</p>	<p>_____</p>

Academic Plan

Narrative:

Quarter - 2				
Essential Knowledge	Vocabulary/Key Terms	Standards/Benchmarks	Instructional Resources	Assessments
1 Stranger Awareness Identify the difference between a stranger and trusted adult. Determine what to do when a stranger is present.	dangerous; trust;	HE.2.B.2.3 ;	_____	_____
2 Identify When You Need Help Identify when to call 911. Compare and contrast emergencies and non emergencies.	emergency; injury;	HE.2.B.3.1 ; HE.2.C.1.5 ;	_____	_____
3 Identify Who to Go to When You Need Help Identify trusted adults who can help in different situations.	parent; police; teacher;	HE.2.B.1.1 ; HE.2.B.2.4 ; HE.2.B.4.2 ;	_____	_____
4 Differences Between Wants and Needs Determine the difference between wants. Determine how to properly communicate them.	needs; wants;	HE.2.B.2.1 ;	_____	_____
5 Body Parts - Correct Names of Body Parts Identify that the heart pumps blood, lungs are to breathe air, and muscles to move the body.	heart; lungs; muscles;	HE.2.C.1.6 ;	_____	_____

<p>6 Nutrition Synthesize a healthy meal using the food groups. Apply what they know to create a healthy meal plan.</p>	<p>Fruits; grains; healthy; junk food; Nutrition; Protein;</p>	<p>HE.2.B.3.2 ;</p>	<p>Little D's Nutrition http://beaconlearningcenter.com/Lessons/1286.htm Balanced Meals; healthy eating;</p>	<p>_____</p>
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Narrative:

Quarter - 3				
Essential Knowledge	Vocabulary/Key Terms	Standards/Benchmarks	Instructional Resources	Assessments
1 Dental Hygiene Determine ways to prevent cavities.	cavity; dental hygienist; dentist; teeth; toothbrush;	HE.2.C.1.1 ;	Dental Hygiene:	
2 Injury Prevention Review Quarter 1: week 1, week 2, and week 3.		HE.2.C.1.4 ;		
3 Water Safety Determine safe choices to make around the water. Classify safe and unsafe choices while in or near the water.		HE.2.P.1.2 ;		
4 Sun Safety Construct a list of ways to prevent sunburns.	Hydration; protection; Sunscreen;	HE.2.P.1.2 ;		
5 Poison and Hazardous Products Differentiate between hazardous and nonhazardous items found in the house. Analyze scenarios for proper use of medications, vitamins, and prescriptions.	medicine; poison; Prescription;	HE.2.B.1.2 ;		

<p>6 Identify Potential Hazards Students will identify a variety of warning (hazard) signs and demonstrate the proper response.</p>	<p>caution; injury;</p>	<p>HE.2.B.1.2 ; HE.2.C.1.3 ;</p>		
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Academic Plan

Narrative:

Quarter - 4				
Essential Knowledge	Vocabulary/Key Terms	Standards/Benchmarks	Instructional Resources	Assessments
1 Positive and Negative Role Models Roleplay/ analyze scenarios of positive and negative role models and how to respond appropriately.	negative; positive; positive role model; role model;	HE.2.C.2.1 ; HE.2.C.2.2 ;	_____	_____
2 Influence From and On Others: Family and Peers	advertisement; commercial; influence; persuade;	HE.2.C.2.1 ; HE.2.C.2.2 ; HE.2.C.2.3 ; HE.2.P.2.1 ;	_____	_____
3 Influence From the Media: Internet, TV, Movies, Music, Radio and Print	advertisement; commercial; influence; persuade;	HE.2.B.1.3 ; HE.2.C.2.4 ;	_____	_____
4 Internet Safety Use basic internet safety procedures.	Internet Safety;	HE.2.B.2.3 ;	_____	_____